

THE ST. KITTS - NEVIS MAGAZINE WITH A DIFFERENCE!

BACK II BACK

ONE PEEK AND YOU'RE HOOKED!

EDITION FOURTEEN

EC \$12.00

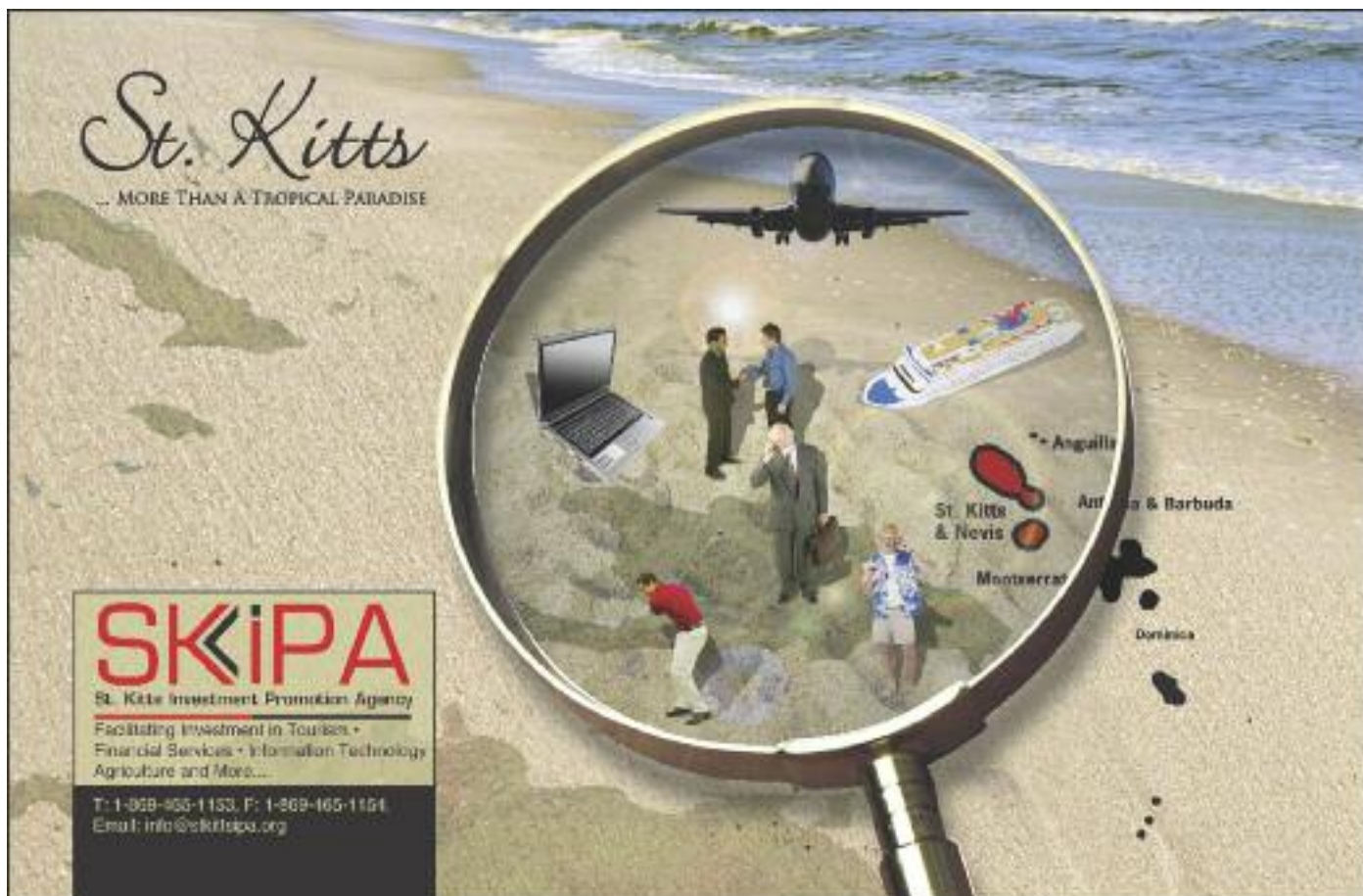
US \$5.00

UK 2.00



CHILDREN OF THE SOIL





At the St. Kitts Investment Promotion Agency (SKIPA), we are changing the way businesses get established in St. Kitts. SKIPA emerged out of the need to reduce the delays experienced by investors seeking to establish businesses in St. Kitts. Our hardworking staff is dedicated to helping investors get their projects established in St. Kitts as swiftly and as easily as possible. We navigate the bureaucratic process for the investors; be it obtaining work permits, business license or incentive packages. Our aim is for SKIPA to become a one-stop shop, where investors would make enquiries, submit proposals and complete the various applications to get their businesses started.

Previous consultation on the ease of doing business in St. Kitts had indicated a number of administrative bottlenecks. For instance, in the past investors would have had to take a number of steps to establish a business entity in St. Kitts, which often meant frustrating delays for the investors. Now with SKIPA, we do the leg work for the investors through a network of contact persons at the various government departments impacted by the investment project and thereby reducing delays in the establishment process.

These consultations also revealed that, not only was there a need for us to facilitate the investment process for investors, but also that we need to pro-actively promote St. Kitts as an attractive investment destination, thus allowing us to land more productive investments. For these reasons, our core values includes; projecting a positive image of St. Kitts in the investment market, working with world-class professionals to facilitate the establishment and expansion of investment projects, and advocating for the continued development and enhancement of the business climate in St. Kitts.

Our role is crucial to the Government's diversification plan in today's post sugar economy. Focusing on the priority sectors; Tourism, Financial Services, Information Technology and Agriculture we pro-actively promote and generate strategic investments to create jobs and empower the people of St. Kitts.

WORDS OF ENCOURAGEMENT

Message from Tyler Perry to Wendy – TRY again, and then again, and then again!

Hi there,

I've been reading the message board and you've made it perfectly clear that you wanted me to share with you, so here's a long one...(smile). Now you know we need to keep our jobs so if this is too long, then read it when you get time and send it to some friends. Okay, here goes.

Every time I have a movie come out I do a press conference, and with MADEA GOES TO JAIL it was no different. I'm always asked a lot of questions. They're usually the same questions, but this time I was asked something a little different. I was asked how did I get to be homeless. I told the story but this part got left out of the article. When I talk about God people don't like to print that for some reason. Anyway, I ended up homeless following what I believe to be the voice of God. I know that may sound crazy, but hear me out. Here's what happened.

I wrote my first play at 22. After I wrote it I prayed and asked God to bless it and lead me in the right direction. No sooner than I said that, I was in Atlanta visiting for Freaknik...(LOL). On this visit I realized that there was a small theater called the 14th Street Playhouse that I could afford to rent and perform my play in. So feeling led, I moved to Atlanta, got a job and went to work on saving money to do my show. I just knew this would work. Anyway, there were 200 seats. I thought I would do 6 shows and 1,200 people would come and I would be set. There was one problem. I needed time off from my job to do it. I asked my boss and he said no. I went to my desk and prayed. I said, "God, if this is for me to do then lead me." I clearly heard the voice say, "Quit, it will be all right." So I did. I did the play and instead of 1,200 people showing up only 30 came over the entire weekend. I said, "Okay God, where are You?" I couldn't hear a word. Now mind you, I could always hear from God. You remember my parakeet story?

Anyway, of course I was broken-hearted, but I picked myself up and went and got another job. I got a phone call a few months later. Someone who had seen the show wanted to invest in another show. So I was faced with the same decision again. I had just gotten a job and they wouldn't give me the time off, so I had to quit to go and do the play. Same thing. I went to my desk and prayed and heard that same voice saying quit. So I did.

Now from 1992 until 1997 this happened over and over again. I was only doing one show a year, and every time the show failed. So, I would go get another job. But there was always someone new who wanted to invest. I got another opportunity to do a show, but I knew I would have to quit my "GOOD JOB" as my mother would say. I was making \$350 a week. Anyway, I went to the boss and asked for time off so I could do the play. He said no. So I went back to my desk and prayed. I said, "God, what should I do?" I clearly heard the voice say quit. So I did.

I went out and did that show. I think it was in Spartanburg, South Carolina. Anyway, I rehearsed, loaded the U-Haul truck and drove down there. There was a little rain as I was going there. When I got there I found out that a hurricane was coming through. Nobody showed up. I was devastated! As I was driving the truck home through the rain, I was going as fast as I could. I was so hurt and angry. I prayed and prayed and said, "God, You told me to do this. Where are You?" I didn't hear a word. It's scary when you can't hear from God. Anyway, I got home and there was the eviction notice. I went out looking for a job and found one, but by the time I got my first check it was too late. I came home from work to find all of my things out in front of the apartment building. I didn't care about the stuff. Let me take that back. My stereo, that I had bought from one of those rent-to-own companies (where you pay five times more than it's worth), was ruined. I was mad about that...(LOL). Anyway, the thing that hurt me the most was that I had so many scripts and songs and things that were ruined from the rain. I sat there getting what I could together. I put them in my car (that was up for repossession) and drove around all night. Finally, I slept in the car. When I got my next check I started staying at this pay-by-the-week hotel. There were drug addicts, prostitutes, and any criminal element you could imagine there. During this time, I was still praying and I still hadn't heard from God.

I called home for a family member to send me some money and I was told that I should give up this dream and that I was never going to make it. I was told to stop doing this play bull\$#@t. I think that was one of my lowest days. I cried like a baby because this was someone that I truly loved.

I was working at UPS. Now I was up to about \$400 a week, but I couldn't seem to get ahead enough to get my first and last month's rent. This kind woman (who I have been looking for for years) named VIRGINIA HARDIMAN, in Atlanta, loaned me the money. She told me to hold on and that God would see me through. I didn't want to hear that. I felt like He was the reason I was in that situation.



Anyway, I got an apartment. The one I showed you the picture of. And was so happy to have a roof over my head. My thought was, "God, even though I can't hear from You, thank You! Thank You for this place!" I was grateful. Before I knew it 2 years had passed by and I was getting comfortable in my place. It had become safe. I stopped dreaming. I was taking the advice of the family member. I had settled in and didn't want to dream anymore. It hurt too much. I was 28 at the time (you have to be careful when you get comfortable in a place that's not your home).

Anyway, life was okay, but I was so unhappy. By then I had moved on to another "good job" and I walked into that place everyday miserable. I knew there was something more for me. I had gotten so depressed. All I would do was work, come home, eat and sleep. Thank God I have never done any drugs because I know I would have been strung out. You also have to be careful when you're not happy or you will find yourself in some situations that you never thought you could be in. And I did. I started drinking pretty heavily back then. Saturday night I would drink, but Sunday morning I was at church still trying to hear from God. I had given up. Some kind of way the rent got behind again. When I think about it, the rent was \$425 and I was only making about \$1,200 a month. I had a car and gas and food to buy, so I guess it was easy to get behind.

Around this time I got a call from someone else who wanted to invest, and she said we had an opportunity to do the show at the House of Blues in Atlanta. I said no. I SAID NO! Oh God when I think about this I get a chill. They had to beg me to do the show! It hurt too much to have that dream be revived in me and not make it. I just couldn't do it. I said no. With a lot of coaxing I finally gave in. Can you imagine if I wouldn't have?

Anyway, the night of the play I remember sitting in the dressing room getting ready for the show. I was playing old man 'Joe' at the time. I sat there complaining and talking to God saying, "You always get me out here and You leave me, and I'm 28. This is it! I'm not doing this anymore!" Can you imagine me talking to God like that? That's crazy! But I was so mad at Him then. So, I was saying what I wanted to say and in the middle of my rant I heard Him. IIIII HHEEAARRD HIIIMMM!!!!!! Somebody knows what I'm talking about! He said to me, "I AM GOD. YOU DON'T TELL ME WHEN IT'S OVER.

I TELL YOU WHEN IT'S OVER, AND THIS IS THE BEGINNING.
"I sat there crying

like a baby. Then He said, "Get up and look out of the window." I got up and looked out and there was a line around the corner trying to get into the place! I still get a chill when I think about it. If I had given up on dreaming... If I had not tried one more time... I wouldn't be here in this place. I wouldn't have seen all that I'm seeing now. For that matter you wouldn't be reading this email.

So, sometimes following God will lead you into places that you don't want to go. It's uncomfortable. It's scary. It hurts. But if you can just hold on you will see there is another side to it. What you're going through is not in vain. Hold on! Keep the faith! And learn to be thankful for whatever situation you may be in. It's not over until God says it's over. And this is just your beginning. TRY AGAIN!!

There is so much more to this story, but I know you have other things to do. I'm writing all of this in my book so you'll be able to get the full story one day. I just wanted to share a little bit with you. Please share it with someone, okay?

Be strong and stay well. AND TRY AGAIN, AND THEN AGAIN, AND THEN AGAIN!

Tyler P.



A DIVERSIFIED COMPANY

SERVICES OFFERED:

ARCHITECTURE	MAINTENANCE
BOOK STORE	PROJECT MANAGEMENT
BUSINESS CENTER	QUANTITY ESTIMATING
CONSTRUCTION	REAL ESTATE
CONSULTANCY	ROOFING
DISTRIBUTORS	STEEL WORK
HARDWARE	WOODWORKING

**EVELYN'S BUSINESS COMPLEX
PAUL SOUTHWELL INDUSTRIAL PARK
P.O. BOX 367, BASSETERRE, ST. KITTS, W.I.
TEL: 1 (869)-465-8053 FAX: 1 (869) 465-5623
E-MAIL: evegro@sisterisles.kn**

MEMBER OF THE ST. KITTS - NEVIS BUILDING
CONTRACTORS ASSOCIATION



**TONY'S
ENTERPRISES LTD**

ANTHONY PARRIS
Managing Director

- **Shipping Agents**
- **Customs Brokers**
- **Forklift Services**
- **Haulage**

**Long Point, P.O. Box 241
Charlestown, Nevis, W.I.**

Phone: (869) 469-5420

Fax: (869) 469-5413

Cell: (869) 662-5420

Email:

tonysenterprises@sisterisles.kn

Local agents for Bernuth Lines



**Williams
Architectural**

P.O. Box 723
St. Peter's Parish
St. Kitts, West Indies

Tel: 869.465.4004
869.465.6054

Fax: 869.465.6050
869.465.6202

E-mail: waskb@sisterisles.kn
waskb@thecable.net

Website: www.wa-stkitts.com





SPECIALISING IN



Private Homes • Condos
Renovations • Apartments



NORAL LESCOTT CONSTRUCTION

PO Box 443, Charlestown
Nevis, West Indies
Tel: (869) 469-5555
Fax: (869) 469-0148
Email:

lescottsconstruction@yahoo.com

COVER STORY:

Children of the Soil: features biographies on children whose parents are from the Federation of St. Kitts and Nevis and who decided to take up residence on the birth place of their parents. Read their life stories. Also three new restaurants are making waves in the Federation. Find out more starting on page 17.

Editor In Chief

Wendy Hanley

Contributors

Colin Tyson

Lea Parris-Cambridge

Giles Dickenson

Eldaria Jones

Carolyn Browne

Sports Correspondent

Winston Crooke

Graphic Artist

Paul Vaughan

Production

Garnett Dickinson Digital

Sales and Marketing

Ruby Barrett

Tel: (869) 660 8022

Editorial

Tel: (869) 664 7970

All letters and enquires to:

backiibackwdj@hotmail.com

Tel: (869) 664 7970

BACK II BACK CONTENTS

3. Message from Tyler Perry

7. Editorial

8. Music - Wildcat

9. Music - Odisi

10. Children of the Soil – Glen ‘Ibo’ Howell

12. Children of the Soil – Wendy Diane Hanley

14. Children of the Soil – Lea Parris-Cambridge

17. In the Kitchen – Yachtsman Grill

18. In the Kitchen – Sweet Tomatoes

20. Children of the Soil – Giles Dickenson

21. Children of the Soil – Eldaria Jones

23. Children of the Soil – Carolyn Browne

30. Children of the Soil – Winston Crooke

BACK II BACK

Our Vision is to present thought provoking articles and other literary writings to our readers. We hope that this magazine will give news and information so that when both sides come face to face the challenges can be comprised and enhance the collective view. We believe "SUCCESS BELONGS TO THOSE WHO PREPARE FOR IT!"

All rights reserved. No part of this publication may be reproduced in any form without written permission from the Publisher.

Editor's Note



Hi Readers:

Welcome to the 14th edition of Back II Back magazine. This edition was a little hard for me due to writers' block which seemed to last forever. But with the grace of God and reading over the encouraging words Tyler Perry spoke to me, I found the strength to complete what I had started. Some of those words I was told to share with you, which you can read on page 3.

This edition is entitled 'Children of the Soil' and features a few individuals born overseas who have chosen to take up residence in their parents' birth place of St. Kitts and Nevis. After much persuasion from people I decided to let my guard down a little and give you a little insight on myself.

Lea Parris-Cambridge talks about her determination and courage with her fight against cancer. Her outspokenness about her battle gives hope to others. See her beautiful biography on page 14. I hope you enjoy all the profiles in this issue.

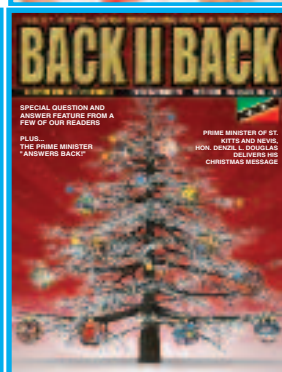
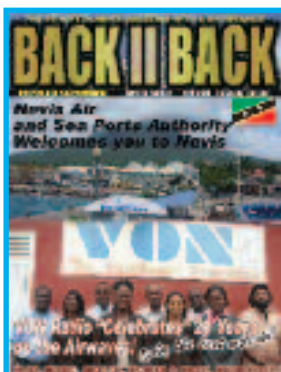
We also have a music profile on Ibo Howell. Read about his musical background and his remarkable recovery from his accident. Nevis band, Odisi, answers some hard hitting questions. We also have Wildcat who hails from the UK, speaking about his musical career and his hopes for sharing his talent on Nevis.

The new Sweet Tomatoes restaurant, opened its doors to the public in September. Juliet Walters shares with us her culinary skills. Winston Crooke is as faithful as ever, keeping us updated with his sporting skills in a fly-on-the-wall feature.

So ladies and gentleman sit back and relax and enjoy the 14th edition of Back II Back.

Happy reading,

Wendy



CHILDREN OF THE SOIL

Colin (Wildcat) Tyson's interest in music began from an early age which he further developed through the success in dance, choreography and Deejaying (part time), whilst working full time in jobs such as Diesel Fuel Injection Engineer , Machine Operator, and Telecommunication Technician. As a result of his successful part time career, Colin is now owner of Wildcat Studio Ltd on the island of Nevis

In 1986, with the assistance of a local musician/song writer Dennis 'Rootical' Daley, he began creating music for sound systems. Colin was also part of a local DJ Production group called Shades of Rhythm and during this creative period recorded their very first 12" EP (extended play record).

The group had so much fun putting together their raw skills in the studio that it wasn't long before the group's talent and futuristic sounds were noticed by a Stevenage Recording Studio Manager. The group was offered a contract with Stevie "Dirty Cash" V, which they went on to sign, with the exception of Colin. He decided to start his own record label, hence the birth of Wildcat Personal Reason (WPR) Label, Wildcat Recording Studio and the Personal Reasons albums. Colin financed the business himself from monies he earned as a DJ and his employment with a communications company.

Shades of Rhythm went on to be a great success with another label ZTT in the late nineties. Not surprisingly, the hit song "Dirty Cash" by Stevie V (in the same decade) had all the makings, concept, style and feel of the group's early recordings!

The WPR label brought together the talents of artists who had bad experiences in the music business or just simply raw talent that was hungry to be heard.

Colin's objective as a producer is to take an artist's idea through all stages of audio development to a finished tangible product. His wealth of knowledge and experience continues to be self-taught - gained from reading manuals and reference books and time spent in the recording/mastering room studios in addition to listening to all genres of music. **"I invest in myself because I believe in me."** With the love and support of his family and friends throughout the years, he was able to spend up to 20hrs a day perfecting his craft and at the same time pioneering new skills and creating new raw sounds.

In 1989 he had produced (and self-distributed) his first Personal Reasons album. The album was hugely successful in the UK and is still one of the most sought after albums today. However, Colin underestimated the success of the album and production could not meet the demands of the public. He attributes the success of the album to the contributions made by new, raw and undiscovered artists who gave the album its own unique style; the independent record shops for sales and radio and club DJs for air play.

His second album "Feelings Within" was produced in 1992/93 and reached No.1 in the UK Independent Echoes Charts. His thanks extends to Record Corner in Balham, London who sold the album through its network of specialist shops, music connoisseur, clubs



Colin Tyson

and radio DJs etc, throughout the UK. As a result, Colin was listed among the top Record Producers in the UK and his work escalated to include artists from the USA and Jamaica as well as discussing deals with major record labels.

In 1998, Colin left the UK for Nevis and arrived two weeks before the island was hit by Hurricane George. Unperturbed by the devastation left by George, Colin was able to produce seven albums within the three months which helped to save Nevis' Culturama Festival in 1999.

His first album on the island was Millennium Culture by local artist Family Man Levi, which captured the hearts of the locals by its cultural simplicity.

A decade on Colin is still on the island producing creative albums like the smooth steel pan sounds of Creation (PanJaz) by Babatunji Moore and

Personal Reason Vol 5.

However, due to lack of sponsorship and government funding in music and culture on the island, most local artists have to work within a very tight budget. Therefore, the majority of Colin's time is now spent transferring audio (records/cassette tapes) to CD, enhancing, mastering, art and design work, printing, demo CDs, jingles and commercials etc.

The equipment in Wildcat Studio equates to 6-studios in 1 and represents twenty-three years of music technology from old analogue to hard disks digital recordings. The location is inspirational and this gives artistes the unique opportunity of presenting their ideas in different formats, working with local musicians and enjoying the island's tranquility.

The aims and objectives of Wildcat Studio Ltd today, are to attract overseas, as well as local artists. The business provides a high quality all-in-one production package, Onsite accommodation, Nevislife Boutique and offers the artists the opportunity to work in Paradise!





Brick kiln based band Odisi have a lot to sing about. The band (which consist of drums, Docu - B, guitar- Jah, bass-Ganzy, keyboards-daddy Spane, vocalists- Jarwa, Eazi and Gangster T and manager- Benz), recently back from a tour in New York and a brand new album under their belt are definitely on the up and up.

I spoke with lead band member Kenny about the bands next move.

Wendy: Ok. So you've recently come back from the New York how did it go?

Kenny: The New York trip was super successful. I would say it was our biggest achievement yet! It opened up tons of opportunities for the band in terms of securing other live performances in New York and surrounding areas in the US and the Caribbean. It really gave us a boost on the promotional side for the band and it also opened their eyes as to what the international market is looking for in our performances as a soca band.

Wendy: The band has been together for 7 years what were the highs and lows in those years?

Kenny: The lows I would say would be when we were starting out. We really didn't have the equipment or finances but we had the will to be a band. That was really depressing at first not knowing when we would get a break. There were also a lot of persons saying things to discourage us, which made us, feel bad but we still pursued our goals. Every year we just kept getting better.

Our highs would be when we won the Road March in 2006 and 2009, being able to perform at the 2009 St. Kitts Music Festival and travelling to New York to perform. Our albums have excelled over the years and we have got some good feedback from the public.

Wendy: I guess you all have a good relationship. Do you ever fight?

Kenny: Yes, we have a very good relationship with each other. But at times you may not have the same thoughts and opinions, so sometimes there are disagreements but at the end of the day, we all know our roles and everyone's interests is seeing the band moving forward, so we always settle our differences before moving on.

Wendy: Your album reach a high position in the soca regional charts tell me what's behind the title "No One Style"?

Kenny: The song is basically talking to the ladies on the dance floor, telling them change a "wuk up style" when they are dancing with their partner, because after a while it can get boring. Some ladies tend to take it further than the dance floor but that's all in the game (lol).

Wendy: you mentioned that the band will be heading out to the Virgin Islands and back to New York shortly. How are you preparing for this and do you have any new material to carry with you?

Kenny: We've been doing some hard practicing and getting in some other styles of music. There is always fresh stuff for Odisi.

Wendy: What is your most memorable experience performing live?

Kenny: I would have to say, when we went to New York and seeing the attendance when we took the stage and how the people were really into our music. It really made me feel good to know that our work is finally paying off.

Wendy: Worst experience?

Kenny: When we just started playing out and the attendance was poor. Also during Jouvett morning we only had a handful of people but thankfully that has all changed now and our dances are always full.

Wendy: Who is your idol?

Kenny: I don't have an idol. I just try to look at other experienced performers to see how they perform and listen to their music. I like to see how they write and sing their songs and take a little help here and there to better my performing, writing and singing skills.

Wendy: What advice would you give to anybody eager to start out in the music business?

Kenny: I would tell them the road isn't easy, some are fortunate to get through easier than others, but in all you do, stay positive and don't let people discourage you. Know what your goals are in life. Just aim for perfection and if you keep it up, one day you will reap your rewards!

QUESTIONS AND ANSWERS

NAME:

Glen (IBO) Howell

PLACE OF BIRTH: Nevis**OCCUPATION:** Musician**BRIEF DESCRIPTION ABOUT YOURSELF:**

Conscious Rasta man

HOW WOULD YOU BEST DESCRIBE YOUR UPBRINGING IN ONE WORD?

Informative

WHAT DOES CHRISTMAS MEAN TO YOU?

Not much

WHAT ARE YOUR HOPES AND DREAMS FOR 2009?

That we have a better nation free of crime

MOST MEMORABLE MOMENT?

When my mom came to visit me in Montreal, Canada for the christening of my first daughter, Zindziswa

WORST EMBARRASSING MOMENT?

None

GREATEST ACHIEVEMENT SO FAR?

Recovering from my accident

HOW DO YOU RELAX?

Listening to music

WHAT MAKES YOU HAPPY?

Knowing that my children are healthy and happy

WHEN WAS THE LAST TIME YOU CRIED?

When I regained consciousness in the hospital and realized that I had an accident and almost died

WHAT ANNOYS YOU?

People taking credit for what they did not do

IF YOU HAD A ONE MILLION POUNDS TO GIVE TO A CHARITY WHAT CHARITY AND WHY?

Charity for children... Children must be well taken care of

WHAT AFFECTS YOU MOST IN THE WORLD?

Poverty

WHO IS YOUR ROLE MODEL?

Bob Marley

FAVOURITE FOOD AND DRINK?

Food – Ackee & Saltfish/Drink - Sorrell

PLACES TRAVELLED AND FAVOURITE HOLIDAY SPOT?

USA, Canada and the Caribbean

Favourite holiday spot -

WHO WOULD YOU MOST LIKE TO MEET AND WHY?

Mumia – Abu Jamal because he has been imprisoned for over 20 years in the USA for something he did not do

WHERE DO YOU SEE YOURSELF IN 5 YEARS TIME?

Making better music and learning more about myself

WHERE WOULD YOU RETIRE AND WHY?

Nevis... The lifestyle is good and clean

WHAT QUESTION WOULD YOU LIKE TO ASK THE PRIME MINISTER OF ST. KITTS AND NEVIS?

None

FINISH THIS SENTENCE..**IF I KNEW THEN WHAT I KNOW NOW I WOULD HAVE...**

I would have lived my life more carefully

CHILDREN OF THE SOIL

Glen "Ibo" Howell was born in Nevis to parents Janette Grell-Hull and the late Calvin "Cabo" Howell.

Ibo as he is popularly known started out his school days at Excelsior before moving onto Ivor Walters's primary school. His final school days were at the Charlestown Secondary school.

Ibo has two brothers and two sisters on his father's side and is a father of two.

During his school days Ibo enjoyed playing football and was a keen athlete from the age of twelve. He also had a love for music and his close friend Niah taught him how to play the drums.

In 1993 he left Nevis for Montreal where his father resided. He took a course in fine arts and whilst studying he got involved in music and formed a band there. He eventually went on tour with the band and played alongside D'J Culture Brown.

Ibo's musical background is vast, he has also played with, Alton Ellis, Paula Clarke, Ken Boothe, Scare Dem Crew (Elephant Man), Leroy Sibbles to name but a few. He has opened shows for Culture, The Wailers Band and Alpha Blondie.

Ibo decided to spread his wings and visit somewhere else. He decided on Calgary. Whilst there he formed his own band consisting of: Wang on drums, Robbie Root on bass, Chris I guitar, Lee Bank on keyboards and Ibo lead singer.

They eventually got the opportunity to play to a live audience.

The band named Ibo and kindred went on a tour. He found the people in Calgary had not been exposed to Caribbean music so he decided to tour the city and from that visit decided to live there.

Ibo got a job at a tee-shirt printing company and played music in his spare time.

There were times when Ibo stopped playing for awhile to work full-time. "The bills had to be paid and in order to keep myself afloat, I had to break away from the music scene from time to time," says Ibo.

He was a frequent visitor to his homeland in Nevis and because of his regular visits he is known by many of the islanders.

On one of his visits to Nevis Ibo was invited to perform at the annual festival "Culturama." He accepted and dedicated a song to his late father, Bob Marley's Redemption Song. "It was my dad's favourite song."

Ibo enjoyed participating at the festival and the following year contacted the department of Culturama and offered his services with his band free of charge. "The Culturama Committee didn't even respond back and instead paid for Richie Spice to perform without a band," says a disgruntled Ibo. This did not stop him offering his services elsewhere.

Ibo and his band continued to enjoy performing live in Canada. Then in 2007 whilst on tour with Culture Brown the inevitable happened...

The Accident

"I woke up in the hospital on a bed. I had a very good publicist, her name is Tara Andrews. She would come every single day and



Ibo Howell

feed me, which I am really grateful for. They took blood from the veins in my hands everyday. I had lots of tests to determine my progress. I was told I was in an accident with the band members, Culture Brown walked unscathed. I am so glad, as he is an exceptional artist. Wang walked away also unscathed too."

Ibo was told Lee Bank was thrown through a window and slid down the highway on his bottom (Ibo gives a chuckle, as he is thankful that his friend wasn't killed). Robbie Roots as Ibo suffered a broken neck which he has now made a full recovery. But Ibo was not so lucky, he was the only one who had his seatbelt on and was trapped in it. The roof of the van came down on his head and was constantly hitting him on the head, causing severe head injuries. Ibo remained in a coma for three weeks. The doctors called my mum and told her to come as he may not survive the next

day. A frantic Jan booked a flight and was over in two days. As Ibo life hung in the balance, Jan watched over him, praying constantly for her dear only son.

To the amazement of the doctors and nurses, Ibo regained consciousness. He couldn't walk.

"I had to learn to walk and eat again," says Ibo.

Continues Ibo, "I was in extreme agony from head to toe and I kept asking myself why... Why the accident, why me!! Ibo stresses the importance of having a driver on tour."

It took Ibo 11 months to regain some normality. Ibo came home to Nevis in 2008 to recuperate. "Now that I am back it has been really great. As we can get caught up in the flash styling of North America which I use to get caught up in the fast pace. I would like to have the best of both worlds. Live in my homeland Nevis and just go away to play music."

On November 20th Ibo went back to Canada and played with Lee Bank and Robbie Roots at the Drake in Canmore, Alberto, where he performed for two nights. He is hoping to play with the guys again in August 2010 at the annual Calgary's Reggae Festival held in Canada. This reggae fest was founded by 6 members Ibo being one of them. It aims to promote local and regional artists as well as featuring international artists.

Ibo left us with some sound advice when starting out and going on tour.

"Make sure that you have a separate driver to drive you to and from shows. Be careful when you are driving and be well prepared. Have faith.

There is a right way and a wrong way to do things but you should get a publicist and be well organized. If you love music go for it! I would encourage anybody that wants to go into music."

Hopes, dreams and visualize in next 5 years:

"More music and recording. I have arranged to ship my studio down to Nevis called the Smoky Room studio and Rock Stone production. It is a company that will produce Cd's."

For more information contact: Rock Stone contact: 869 764 7899 and 869 668 5829.

CHILDREN OF THE SOIL

Wendy was born in Manchester, England, to Nevisian parents. Wendy's mother is a qualified registered nurse who was trained at Manchester School of Nursing and worked most of her career at Leeds Teaching Hospitals. Her father, a certified accountant, spent many years as a diplomat working in Zambia for the United Nations.

Wendy is fortunate to come from a family of achievers. Her sister had many roles as an actress on soap operas and her two brothers are qualified professionals, one an accountant and one an engineer. Her late step-father, whom she affectionately called 'dad', set up Allied Dunbar Insurance. She remains very close to her family in England.

Wendy was educated in Wakefield and London where she gained her journalism skills at South Thames College and the University of North London.

Growing up, Wendy was a quiet girl and at times a recluse. Her parents divorced when she was just seven years old. Although, she was very quiet Wendy had a love for singing and would regularly perform for family guests alongside her sister and younger brother. Her mother would record these memorable moments on tapes (which she keeps to this day).

After her early years in Wakefield, Wendy moved to London with her elder sister to start college. Whilst studying she joined a band as backing singer for an all male group. The band recorded their first single which had regular plays on the radio. But it was to be short lived. One member died. The rest squabbled and soon the band broke up. Wendy formed a close bond with the lead singer, Billy and decided to follow him and reform with another member. More music was recorded. With the help of a friend, the late Duxie Tyson from reggae band Misty in Roots (who hailed from St. Kitts) and they were able to record music for virtually nothing. After a couple of years and the successful completion of her exams Wendy dropped out of the band to pursue other interests in radio broadcasting.

Wendy teamed up with an old college friend and formed a duo on radio calling themselves Candy (Wendy), as she is still affectionately known to her buddies in London and Spicey. The duo played on various radio stations but this duo wasn't to last!

After sending in their demo for a job on one of the top London independent stations, the manager picked out Candy's voice as the voice he wanted to hear on his station. Despite this, Wendy was reluctant to break up the newly formed duo and loyalty prevailed. She called the radio station and declined the offer. Candy and Spicey went on for another six months before the inevitable split happened and they parted ways! Wendy never looked back at that missed opportunity.

After a month of being off the airwaves, Wendy got hungry and her thirst for entertainment returned. Whilst out with a couple of friends in London's West End, the girls started talking about the lack of women on radio. From this conversation Wendy decided to re-launch her career, taking a friend with her to train as her selector.

Wendy spent nights guiding her girlfriend through the job and after 3 weeks they were offered two jobs on two popular stations, West London's Fresh FM radio and East London's WLIB. The girls jumped at the chance of being on Fresh FM. The guys on that station had 'it' going on and they wanted to be part of that buzz.



Wendy Diane Hanley

Calling themselves Sister Candy (Wendy) and Selector J. The girls became an instant hit. The fresh duo made waves and although they had a string of admirers, they remained focused on their work. Sister Candy and Selector J jumped from station to station and after settling down on a regular show they eventually got a primetime slot.

Phone-ins were constant and the duos were getting more and more confident day by day. Music had to be purchased regularly and Candy and Spicey's ears were always peeled to what was fresh on the music scene keeping in close contact with up and coming artists

who wanted airplay. As they got more attention, the girls received an offer from WLIB radio which Candy accepted with

the backing from Selector J. The move was a smooth transition and once again the duos were back in the hot seat in a primetime slot, flinging down tune after tune after tune. Guest appearances followed and they were invited to the Shonola's night club in East London to make a guest appearance, which gave them more popularity.

After parties was where it was happening, as the duos were introduced to more and more up and coming artists. They were climbing high early. Then the bombshell dropped. The government decided to act on the hordes of independent stations, including Fresh FM, Time Radio, Supreme FM and Lightning Radio. The station the duo worked on was also hit. Wendy decided enough was enough and withdrew from the radio scene altogether.

After a few months Candy was invited as a guest on a Leeds radio station, WYBC which she accepted. After the show, another Leeds radio station named Rapid FM called wanting her on the show as guest DJ but Candy declined the offer and headed back to London.

Candy became a recluse on the radio circuit and rarely contacted her radio buddies. She took up work elsewhere and a couple of years later she completed her course work in journalism. Armed with qualifications, Wendy headed straight to the Voice newspaper. There she was accepted and to prove herself she took up an unpaid assignment as a 'rookie' music reporter. Her work pleased her editor, Steve Pope. But just as she was about to take a solid role tragedy struck...

News came of the sudden death of her beloved step-father. This again drew Wendy away from public activities as she coped with her grief. Wendy decided to travel to help ease the emotional pain. She regularly travelled to the United States and the Caribbean. She made regular stop-offs to her parents' motherland, the island of Nevis. After a good six month break Wendy returned to the UK and went to see Steve Pope. On arrival Steve was no longer with the Voice so Wendy decided to track him down. He had set up a nice little operation in book publishing called The X Press Publishers with a former colleague.

After an informal meeting, Steve explained that as he had just formed the company he could only offer Wendy a voluntary position at the X Press until they get on their feet. Money was not a problem for Wendy as she was from a comfortable family life so taking up a voluntary role was no problem for her. She was also eager and although had no experience, decided to grasp the opportunity in learning all aspects of book publishing.

Wendy spent many long and hard hours with the young publishing company loving every minute of her work. After six months she was hired. Another three months down the line and Wendy became Deputy Publisher.

The X Press got their knuckles wrapped after a publicity stunt caused a stir, a headline on the BBC six-o'clock news. The stunt they pulled behind their new book Cop Killer involved a press release reading "A score will be settled on 4th April" with the press release a blank bullet was sent to all the media houses, prompting two of the media houses to contact the police and the BBC. The marketing ploy attracted much publicity and Cop Killer sold like hot cakes!

Wendy became an all rounder, studying novels, organizing events at libraries, prisons and exhibitions. Having this powerful role Wendy became a household name at the X Press Publishing Company. She had a taste for PR work and decided to throw a 4th anniversary celebrity party for the company, all expenses paid through advertisers. Her two bosses did not believe this could be pulled off. Wendy dug her heels in, more determined than ever. It was a huge success!

A year later Wendy parted waves with the company and went back to travelling extensively.

For a while it would seem she had both feet firmly on the ground in Nevis. Wendy still travelled back and forth to England where she has her greatest ties. Whilst working for various publications and during a stint of offshore work, Wendy eventually set up her own magazine company. Back II Back magazine was launched in 2003. Seven years later it's still going strong. Eventually Wendy hopes to pass the business on to younger fresher hands and take a back seat herself for more family time.

Wendy believes everyone has a talent, its just realizing it and putting it to good use. "Don't start on another idea until you have the first up and running. Do one thing at a time to see the success."

QUESTIONS AND ANSWERS

NAME: Wendy Hanley

PLACE OF BIRTH: Manchester, England

OCCUPATION: Journalist/Editor/Publisher

BRIEF DESCRIPTION ABOUT YOURSELF:

Warm, quiet at times, persistent, forgiving. Good listener. Sense of humour

HOW WOULD YOU BEST DESCRIBE YOUR UPBRINGING IN ONE WORD?

Loving

WHAT DOES CHRISTMAS MEAN TO YOU?

Spending quality time with my family

WHAT ARE YOUR HOPES AND DREAMS FOR 2009?

Expanding my business and more family time

MOST MEMORABLE MOMENT?

The first publication of Back II Back magazine

WORST EMBARRASSING MOMENT?

Mmm.. I'll share that with my nearest and dearest

GREATEST ACHIEVEMENT SO FAR?

Hosting a successful celebrity bash single - handedly in London's West End against all odds

HOW DO YOU RELAX?

Music, eating, watching television, having a good beer buzz early in the morning and sleeping

WHAT MAKES YOU HAPPY?

Knowing that my family is well and I have reached out to someone in a positive light. Then having a cool shandy with good company

WHEN WAS THE LAST TIME YOU CRIED?

The death of my step-dad

WHAT ANNOYS YOU?

Ignorant, unforgiving people

IF YOU HAD A ONE MILLION POUNDS TO GIVE TO A CHARITY WHAT CHARITY AND WHY?

Sickle cell anemia. I think this disease is under-represented

WHAT AFFECTS YOU MOST IN THE WORLD?

Wrongful convicted people

WHO IS YOUR ROLE MODEL?

My mother - Louisa Perkins-Kendell

FAVOURITE FOOD AND DRINK?

Food -Fillet fish (with lots of hot pepper sauce)/ Drink - Shandy

PLACES TRAVELLED AND FAVOURITE HOLIDAY SPOT?

USA/Europe/Canada/Caribbean.

Favourite Holiday Spot- Orange County, California

WHO WOULD YOU MOST LIKE TO MEET AND WHY?

Oprah Winfrey, she inspires me as a powerful, black successful woman in business and the passion she has in helping others less fortunate

WHERE DO YOU SEE YOURSELF IN 5 YEARS TIME?

Talking a back seat in the business and running a busy household

WHERE WOULD YOU RETIRE AND WHY?

Nearer my family because that's the place I feel most loved

WHAT QUESTION WOULD YOU LIKE TO ASK THE PRIME MINISTER OF ST. KITTS AND NEVIS?

Finish this sentence.. If I knew then, what I know now, I would have?

FINISH THIS SENTENCE..

IF I KNEW THEN WHAT I KNOW NOW I WOULD HAVE...

Turned my hand at several businesses

CHILDREN OF THE SOIL

I am the youngest child of my Dad Roderick and Mum Mary. Tracy my sister is 18 months older than and my mum little sister Olivia is now 15 years old (25 years my junior).

My formative years growing up in the 70's saw me as a bit of a tom boy with 2 pony tails happily playing team games, touch ball, pom, pom (hide and seek), armies, knock down ginger and kerbs with my sister, cousins and the other children on the street.

I developed into a solitary teenager, preferring my own company or that of a select few. I became a very reserved young lady, quiet and a bit shy around strangers, totally opposite to the happy go lucky, cheeky and playful kid I was just a few years earlier (I was often labelled as being prim, proper and a bit of a snob by my sisters friends, which I thought was a misjudged conclusion).

I spent a lot of time alone as a teenager and enjoyed being home, listening to my music, writing poetry and designing clothes (while my sister was always out). I met Clair my best friend through mutual friend when I was 15 and she was 14. I tended to prefer being in older people's company as I was more mature than the kids my age and I enjoyed stimulating conversations (I actually enjoyed spending more time with my mum and dad). So the few friends that I did have were very special to me.

My mum is of Irish parents, she grew up between Ireland and England. She sang with my dads steel band and now she is an Artist and drama student (like myself) She used to work at Windsor castle (she is a historian) and is very worldly and intelligent. I looked up to her when I was a child; she was beautiful, graceful, stylish, very loving and hard working, a wonderful role model.

My dad is Nevisian, he grew up between Jessups, craddock road and Rawlins, Gingerland. he went to England when he was 17 on a ship. he was a carpenter, also a skilled car sprayer and had his own spraying garage at the back of our house. He is a Musician and taught himself the Guitar while he was young in Nevis, he made, tunes and plays the steel pan and had a steel band for 26 years (which I grew up with and danced to all my life). he plays the piano and all types of Guitars. He now teaches music in schools and colleges. I idolised my dad, I was his princess but I wanted to be the son he never had and I always wanted to make him proud of me (and tried very hard to always prove myself)

My mum and dad married when they were very young, when my mum was just 16. She was 18 when I was born. Unfortunately they separated when I was 1 but (mum and dad created a loving environment for us, even though they lived separately and we lived with our mum and her parents, my dad was always a big part of our life. We would spend weekends and holidays with him and they always showed respect for one another).

We grew up living with my mum and her Irish parents in a catholic household. My grandmother was very religious. As children she would pray with us and kneel with us at bedtime, praying for mum, dad, aunties, uncles, cousins, sick people, people starving in Africa, people with disabilities, everyone.

She was very loving to us and would always teach us to be God fearing to the point that if we were having fun and laughing with friends she felt we must be up to no good and always reminded us that God was everywhere and watching and listening to everything. She use to tell us that on our left shoulder sat the devil and on the right sat and angel, so when we did anything wrong the devil would be laughing and rubbing his hands together and the angel would be crying.

My sister and I were actually good little girls and I was a bit of a



Lea Parris-Cambridge

tom boy. We were always considerate and had good manners which were important to my Nan, especially in public. She always was concerned with what the neighbours and people would say and think, we weren't even allowed to eat or drink in the street.

But she was funny and very generous, gave to the needy and would welcome anyone to her home for a hot meal or cup of tea. She always took a tray of tea and biscuits out to the workmen working on the roads! My Granddad was a quiet man, after his dinner he would fall asleep in his chair and my sister and I would comb his hair, put ribbons in it and put makeup on him. When He would go into the

bathroom you would here "ooh bloody ell" in his Lancashire accent. We would be in the living room giggling.

My earliest and brief recollection of dads mums when I was about 7 years old. She came to England and was staying with an aunt. My dad took us to see her. I remember this big lady sitting down, really jolly, stretching her arms out for me to come to her. We didn't really forge a close relationship until years later when she came to stay with my uncle who lived across the road from us when we lived at my Irish Nan's house. My grandmothers were great friends and would spend a lot of time together, calling each other Mrs C and Mrs P when they would call on each other. My dad's father I vaguely remember when he came to my dad's house, he wasn't very well. he died when I was 4 years old.

My mum went to live in the States when I was 13. My sister and I were supposed to go and live in the States with her but I didn't want to leave my dad on his own, so we went to live with my dad. I wanted to look after him and I became very protective of him. My dad was faced with the task of having 2 teenage daughters living with him. He was used to living alone and working day and night. He wasn't use to having to discipline us as it was always weekends and holidays that we spent together and so he spoilt us and we had fun. But now he had to deal with us wanting to be out with our friends, who lived about 4 miles away (where we had lived with our mum). He felt the huge responsibility and became over protective, because he didn't want to have to tell my mum that something had happened to us, so he implemented rules of when we had to be home, which I didn't adhere to and would always be half an hour late due to having to walk 4 miles home. As I was the youngest he said I had to be home at 8:30pm and Tracy had to be home at 9:00pm. He said Tracy had to bring me home, so it was not worth her going back out. Which she thought was totally unfair but he thought was clever (that way we would be home together but it appeared as the eldest she had a privilege). We soon settled in and I became quite a home body.

My first trip to Nevis was when I was 12 and the first time I had been on a plane. A group of us travelled together. My dad, my sister and I, my dad's sister and her children and other cousins and we were totally memorized from the moment we landed on this narrow strip with a small wooden structure (Newcastle airport) after a terrifying flight on a tiny plane.

As we were driven to my gran's house in Rawlins village, we passed tall coconut trees and the vast sea and views of the neighbouring island, drove through what seemed like a small town of old looking buildings with Nevis peak standing tall in all her splendour and all I could think of was how it was like a post card or like the pictures of paradise that you saw on television or in magazines. There were hardly any cars on the road and people were riding on donkeys, carrying containers and bundles on their heads and walking bare foot. It was summer time and the time of

culturama. We drove into the village which was lush and green with lots of children playing in the road and lots of dogs running around. My gran's house was wooden and sat at the top of concrete steps. It was so different from England and what I knew but it was exciting and I felt like an adventurer. Children came to my gran's back door and they were introduced as our cousins. For the next 4 weeks we experienced a freedom that I had never experienced, beautiful green lush surroundings, monkeys, eating juicy sugar cane, friendliness, playing and so much fun. There was a maypole in the village and we were taken to see the BIG Drum. We learnt songs from Culturama and would be singing (clear the way the African girl coming down) and were taught clapping songs, which kind of went like this (four white horses on the rainbow, hey here we go, on tomorrow, on tomorrow is a rainy day, come on up to a shadow play, shadows play is a ripe banana). We bonded with cousins around our age. I particularly remember, Derrick & Nelva, who we played with all the time and who we went on an adventure with to try and walk to the sea from Rawlins village through the land which seemed like a million miles away (we never made it) but came across another village. Derrick would tease me and throw lizards on me. There were the twins, first & second who I use to keep looking at to see if I could tell the difference. . Every one had nicknames and I remember our cousin Cooli girl, a boy called Smokey and a guy called Monkey. We cried our eyes out when we had to go back to England. We didn't want to leave.

The next 8 years were spent finishing school and going straight out to work. Not really knowing what direction I was going. I had dreams of being an actress, air hostess or maternity nurse but my parents couldn't afford to send me to drama school and the only drama schools were in London and when it came to leaving school, I decided I wanted to go to college to study to become a maternity nurse but my dad had other ideas. So I worked and learnt all my skills on the job, couple with my natural ability, organisational skills and common sense I was promoted to supervisory and managerial positions but didn't feel totally fulfilled and always felt there was something else I should be doing but didn't know what.

I had my beloved son just before my 21st birthday. My mum came back to England for the birth of her first grandchild and didn't return to the states. We had to forge a new relationship and reconnect. I had spent my teenage years without her and had developed my own ideals and individualism without her guidance. It was a transition of getting to know each other all over again but it didn't take too long and all the feelings that I had about her as a child came rushing back and we are now extremely close, we enjoy each others company and do a lot together, travelling, studying, drama, workshops etc.

As a single woman and mother raising her son alone, I made all the decisions, dealt with all the problems and had answers or solutions for everything. I would go out and work hard, do my own decorating, plumbing, change my own tyres. I would never ask for help, even if I had no money, I would rather go without.

I had been the bread winner and provider so long for my son and worked hard since I left school (two jobs and studied to improve myself for chances to earn better money) to give my son the best and send him to private school and take him on holidays around the world and buy him and my family nice things. If I wanted things and couldn't afford it, I would just work extra and get it or decide whether it was really that important for me to have it.

I returned to Nevis for the first time after 11 years, this time with my 4 year old son. The rush of memories came flooding back as I passed familiar places and drove up into the village to my granny's house which looked just the same. People who remembered us from our first visit called out our names when they saw us. And seeing our cousins now as adults was surreal. Cooli girl hadn't changed one bit and Derrick kind of looked the same but I didn't recognise Nelva as I could only remember her as a little girl who was younger than me. My son was so happy with so many children to play with, his cousins would take him to the back of the house to

look for monkeys, they would be running all around the house squealing with delight and laughter and it was then that had the strongest feeling of safety, peace of mind and calm, which I didn't feel back in England. Coupled with the simplicity and lack of hustle, bustle and materialism, I decided then that one day I would return to live (even for just one year) to experience a quality of life, spending quality time with my young son and watching him play safely and happily in a beautiful environment with such warm and caring people).

I returned the following year then 2 years later in 1997 and decided to stay and I made Nevis home.

My first job was covering staff holiday as an office manager for Seashell properties. Once that appointment ended, I went to work at Caribbean Cove as restaurant manager. It was there that I met Cindy Freeman (Jeffers) she was one of my waitresses. We became good friends instantly and she invited me to go to Anguilla with her. We shared tears and laughter throughout the years and developed an amazing bond. (I was a bridesmaid at her wedding years later). We enjoyed working at the cove and I enjoyed being a part of a fun and family friendly environment. I use to do long hours but because it was so much fun and no two days was the same the hours flew by and because of the nature of the business; my son would always spend time there with me. Again I was doing



managerial jobs as I had the experience and skill set and I enjoyed what I did but I always felt there was something else that I should be doing. I went on to manage the opening of Courts before going to England for a spell and on returning was asked to be Accounts manager at the Old Manager.

While I was in England on one of my return trips I qualified as a fitness trainer and when I returned home to Nevis, I Launch my fitness business (which I did within 2

weeks of arriving and ran classes and did personal training for 3 and a half years). I absolutely loved what I did, I loved the interaction with my clients, and every day was fun and energising. I felt that I was really making a difference by the way my clients confided in me and trusted me to help them lose weight and get fit and healthy which made them happier. I was able to create the professional standard of customer service that I believed my clients deserved and would not accept anything less. My clients soon learnt that being on time was essential as I would not allow them to join in the class (It would be irresponsible for me to have clients join in if they missed the warm up and risk injury). I was doing something I loved and my clients really enjoyed working out and it created a social group of people with the same interest and a motivating force and they would often make fun of my ever strong English accent, especially Tazel.

I became a born again Christian 5 years ago (the day after my 35th birthday) and experienced my transformation, confidence in myself and my abilities, discovered my skills and talents, putting complete trust in God no matter what the circumstances, I learnt how to forgive and free myself from hurts of the past and had a stronger desire to find my purpose in life and to make a difference. I felt I had found it but there was still much more I could do.....

Due to an unforeseen circumstance, I had to return to England for a spell and then settle my son in school in preparation for college, which meant I had to leave my clients. I produced a workout DVD for them and encouraged them to keep up their fitness routines and use one of the other fitness trainers we had on island. Or at least go walking regularly.

On returning to England, it was while I was there we discovered my dad had heart disease and he had to undergo triple heart bypass. I decided to stay for a while to make sure he was alright.

During that time I worked as a leisure club manager and studied Psychology based NLP (Neuro linguist programming) and embarked on numerous business workshops, psychology courses,

continued on page 22

Hurry on down to...



Nevis Bakery

For your fresh bread and pastries?

Serving you for over 40 years



Nevis Bakery is the largest and most modern bakery on Nevis.

Our specialties include: Bread, Cakes, Pastries and more



Come and see us today for all your Freshly Baked Goods

**Happy Hill Drive, Charlestown,
Nevis, West Indies**

Tel: (869) 469 - 5219

Fax: (869) 469 - 0165



BEST BUY SUPERMARKET



Gingerland,
Nevis

Tel: (869) 469 6818

Fax: (869) 469 6817

Email: dugginsenterprises@yahoo.com



BEST BUY SUPERMARKET

Main Street,
Charlestown,
Nevis

Tel: (869) 469 0818/0817

Fax: (869) 469 1716

Email: dugginsenterprises@yahoo.com



“EVERY DAY LOW PRICES”



IN THE KITCHEN WITH

Juliet Walters is originally from St. Maarten. Born of Caribbean parents, mother hails from Antigua, her father St. Maarten. At the Age of 18 she migrated to Florida where she attended Valencia Community College in Orlando. She later returned to St. Maarten where she took a position at Divi Hotels as Guest Services Manager. While there she met her husband of ten years, James Sharpe.

In 1989 they Married and then moved to Miami. Juliet returned to College and continued her studies at Florida International University. (F.I.U.) In 1993 she earned her bachelors degree in Education then went on to earn a Master Degree in Reading Education

Her investment in education paid off as she landed a Teaching position at the prestigious Bal Harbour Elementary. After several successful years of teaching in adult and primary education she moved to the Island of Nevis. Her husband Jim at this time had accepted a position with the Four Season Resort Nevis.

Upon her arrival to the island. Juliet quickly became active volunteering in the education system. Shortly after, The Nevis training Center was birthed. At the center, she offered after school Reading and Writing classes. This extended to Computer classes and adult education classes and workshops.

In 2002 Juliette divorced from her husband but

remained on the island to open the popular restaurant "Taste of the Islands." After two years at the central location, Juliet was offered a position at the University to do their food and beverage catering. She accepted and took Taste of the Island with her. That was 7 years ago and till this day Taste of the Island remains in full swing there.

Juliet remarried in 2004; she had a taste for a restaurant closer to town. Along with her husband Rolston they began moving forward and in 2009 an opportunity arose and Juliet and her husband were successful in their prayers and Sweet Tomatoes was created.

Juliet was asked how the decision for the name arose,

"I wanted it to be catchy and stand out. Didn't want it just to be a regular name. It draws focus to the food that I prepare."

Juliet is also a host on a local radio programme called "The Way Up!"

"It's a motivational programme," adds Juliet.

Another programme she co-host was the TV talk show, "Truth Connection."

Juliet left us with some sound advice when deciding to go into business:

"You need to know your market. Know your



TH JULIET WALTERS



product and be able to market it.

strong as a person. Be positive!"

You have to be persistent and have a strong will or people will distract you.

She ended, "Stay focused!! Know what you want and go after it!"

Even in the light of opposition you have to be

MOTTO: Keep GOD in the centre of everything!



Cedar Trees
(Corner of Bath Road),
Charlestown,
Nevis.

Tel/ Fax: (869) 469 7139

Email: waltersjuliet@yahoo.com

CHILDREN OF THE SOIL

My First Profession was in The Accounting world I started selling life insurance policies in London being an agent for a broker who sold for the big companies, i.e. Colonial life, American Life, Cornhill LIFE, LLOYDS of London etc what this did was make me loose my shyness and taught how to work with and meet different people from all walks of life religion race and so on.

I then transferred those skills to the Central Government of London and then known as the GLC (The Greater London Council Just before it was broken up into Local Governments (Authorities)

Here I worked in the accounts department conducting the affairs of the Youth and education out lets of the Known Council, London Borough of Lewisham Council. Again I was Given the opportunity to expand my education having had no opportunity prior to take the advantage of Further Education I became an AAT Graduate AAT meaning Association of Accounting Technicians, it was here that my understanding of money became a strength, to which I have never forgotten I took the opportunity to learn other skills such as Interviewing, Teaching, Counseling, educational assessor for learning organizations

I lived a very good life from my newly learned skills which brought me much wealth I was also a professional musician playing the drums in various bands, to that point I would say I was very much settled until I discovered the still camera I just loved the idea that I can capture life through a lens. I attended Photography class again being organised by the Education department of The London Borough of Lewisham, however... I found this to be most costly simply because at that stage one had to either pay for developing the prints or buy the apparatus and develop the pictures for one self....I found this very time consuming and not me, then one day I was asked by the council if I could use a video camera to film a function as the regular videographer was not available that's when it all started I transferred my still camera skills to the moving image world and yes I was hooked I started attending almost every known seminar training courses that was connected with video and soon left the councils full time security of a Job and income and joined a local council outlet that taught video classes in fact that's all I wanted to do I was the boy in the studio I cleaned it daily I dismantled the equipment for various editors depending on what format they were using or how many machines they were using, a two machine edit or a three machine edit were they using graphics etc.

The director was a Rasta man from South Africa and his English was rather poor he was from the town call Harare. this led to me being the one that conversed with the English speaking clients as well as the foreign students I used my insurance skills of meeting people to mast Communication with the students I soon became very skilled as well as popular they said I was not only very clear but a very good teacher in the subject manner, though I was not paid I spent the next two years learning everything that man had to teach I read and bought several books and magazines every week I visited the cinema visited workshops in film and photography.. Again this was not enough I knew that there was more so I went after it... I had exhausted my practical and theory capabilities so I started attending psychology and sociology courses to further my understanding in the subject and educate myself of people's culture that I might come into contact with.



Giles Dickenson

I visited used shops, pawn shops looking for books and cameras even if they were out of sue, as technology changed, just to have that understanding

I was again given the chance by the London borough of Lewisham Council to teach in their adult learning and youth clubs the art of Video production and it was here that I realised that I needed to take this passion further as I was lacking the real understanding of video simply because some of my students were ahead of me. Not only did I have homework, but I was also doing tremendous reading each week just to stay ahead of them. That is when I left the local video production project and attended Greenwich University to study full time Video production and technology that was the beginning of my life as a producer, director and cameraman, editor set designer lighting technician and creative director I learnt it all the council

paid for my tuition and books travel for the first three years and I worked day and night to get the depth of this profession even to the loss of my wife and child through separation. I was so involved I lost most of my friends and so my clients became my friends I did their parties weddings christenings etc. Whatever it was I shot and I did it for free just so that I can master the field. I reckoned that if I was not paid then they cannot blame me if it went wrong even though I did not make much mistakes except for spelling errors! I continued doing it for 2 years until I graduated in 1995 and started teaching in an organisation that gave a second chance to young people who failed the system, here again I was given access to the latest equipment and was responsible for the update of the studio. I also taught at Gold Smiths University in London a world class Known education authority teaching foreign students the art of video I also taught for several organizations special needs students and non English students with an interpreter

African movies were just on the horizon and yes I made a few until the demand was too great for I, I NEEDED A life I was divorced, hardly saw my son who is now 18 no women, no friends so I started my own business where I was in control.

The success was so great that I felt that God had given me the drive so had to serve him again. I know that my skills are very much in the arts as a musician I was a very versatile drummer who worked the circuit playing for all races nationalities travel the whole of Europe playing reggae soca, jazz, pop, funk (now called R'n'B), and here I am again travelling the world using the camera.

My knowledge is vast but I cannot pass it on as I would like as young people want to be paid even to learn.

The Government of St. Kitts Nevis has welcomed my skills and has awarded me the role of Chief technical officer in the information department, a Job I believe I am married to as I just love this work. Having said all the above I believed that I am very miss understood as most people, especially in Government they do not know the power we video people have, therefore some times opportunities are miss to express their true value as time and equipment is not afforded and images of power and expression are lost in the story telling a video producer can win or break battles, wars games and romance clients we hold the power in our lens and now... computers we can do wonders just look back to Obama **"Yes We Can!!"**

CHILDREN OF THE SOIL

Eldaria Jones was born in Government Road, and is the last of three children. She is known in the villages of Craddock Road and Bath Village where her parents and Grand parent came from.

Growing up, she was praised for her singing voice and performing arts talent. She took part in many school plays concerts and singing competitions with her peers -Yvonne Guishard, Dirkje Wade, Lenore Williams ,Yvonne Daley and others. Her last performance before departing Girls School for Secondary was in the play called "CINDERELLA".

Eldaria lived in a neighbourhood (seen as upper class by many) surrounded by residential doctors, Matrons, Hospital resident Nurses, Former Governor residence and other Government Officers. She mingled and played with children of this so called 'elite neighbourhood' and did not feel any different to them-coming from a middle class background. Eldaria stayed balance socially by visiting her cousins at Bath Village and Craddock Road occasionally.

Her parents were business entrepreneurs with a small grocery and bakery business in Government Road. They too came from four generations in the Bakery/grocery business in Bath village. In addition to the business, her father worked in Charlestown as Manager of Permentors's Lighting Hardware Store and sometimes Custom broker when ships were in. The family business supplied the Alexandra Hospital with freshly baked buns, bread, sandwiches and some groceries. The bakery business also supplied small shops in Charlestown and the Government Road neighbourhood at large.

Eldaria seemed to be ahead of her time in her thinking, and many times were caught day dreaming by the teachers in school when others were at play having fun. She was always serious in applying herself with her school work and had little or no patience with friends who did not share her views. Her parents were seasoned Christians of the Wesleyan Holiness Church , and most of her leisure time was spent on church activities and after school classes to keep her grades between 1st – 3rd place in class tests.

Her day dreaming habit was drawn to her mother's attention. Her mother was already aware of the habit and understood her daughter's impatience when people did not understand her expressed inner thoughts. Eldaria found old folks quite interesting and spent valuable time chatting and learning from the older folks. Her play time was spent either with her dolls or her cousins Jean and Josephine of whom she played marble pitching and bat and ball (a form of cricket) games with. Eldaria was always interested in Business, especially as she was told that her father was a businessman .She would day dream about her deceased father, (who died in a tragic accident on Government Road when she was 6 months old) and wanted to be a business person like him. She asked her mother several questions about her father's death and was told silly answers so as to keep quiet, but it was her Grand mother's good answers to her many questions about her dad death that did the trick and made her accept the fact that we all have to die one day. Her grand mother persuaded her mother to let Eldaria help out in the grocery shop on Saturday's and she was paid six pence.

As she sat in the shop talking to her grandmother she would make notes on paper about all the different things her grandma was telling her. Eldaria would chat and laugh to the fullest with her grandma Laura Walwyn. She also loved family devotion because it was an opportunity to ask questions about the bible characters. Eldaria's love for writing and making notes landed her with a good pass mark in English O' level. The after school classes as a child – had paid off well when she passed all her GCE subjects at Basseterre Convent High School. After leaving school, she worked at Barclays Bank - St.Kitts, Nevis and St. Maarten for some years before traveling to UK to further her studies.



Eldaria Jones

Eldaria carried the notes she wrote on her memory disc and not on paper anymore. She was able to hold sessions with other family members in the UK telling them how they were related to her and practically worked out a family tree based on the information she got from all her grand parents. Some of her UK cousins thought she made up the stories in amazement, but found out later that it was true. This accusation of making up stories, frustrated Eldaria to the point that she decided to put the information along with her past and present experiences in book form to be published in February 2010 in London England.

Eldaria loved her mother (mama) and grandmother 'Tantie Laura' in life and death and honored her tantie by giving her first child that same name which is 'Laura'. She has two girls of her own and a step-daughter and she allow them to express themselves freely while empowering them academically to achieve their ambitions. She believed that she empowered her children to achieve - by setting an academic example when she graduated in Business (HND) at North London

University.

She gained employment in 1976 with Canadian Imperial Bank of Commerce (CIBC) in the City of London and served in that Bank for 9 years in the areas of Documentary Credits, Securities and Accounting. During the restructuring of CIBC, She gained employment with London Borough of Camden (Local Government) as Projects Officer in Economic Development Department. Later she excelled to Projects Manager and then to Head of Economic Development. Eldaria was part of a team that BID for the channel tunnel to London Kings Cross.

At the height of her swinging career in Economic Development, Eldaria took special leave from work and traveled to Nevis with her young family to take care of her sick/ageing mother. After a few months in Nevis, she ventured in setting up a "ONE STOP MEDICAL SPECIALIST CENTRE at Groves Multi-Business Complex (GMBC) which was a success for some time – attracting specialist doctors from Antigua, Barbados Canada Jamaica, Montserrat, Nigeria, ST. Kitts-Nevis to serve the people medically, saving them high air costs.

In an effort to seek advance medical help for her mother, Eldaria and family returned to UK, where she took employment with the Legal Services Commission which was the starting point of her legal career. She attended the University of Middlesex and read LL.B (Bachelor of Laws). While at University she was the Students Union Shop Steward advising the students on Employment Law, Immigration Law; Welfare Rights and Human Rights.

After Graduating with LL.B (Hon's) Eldaria again returned to Nevis and worked at the Nevis Financial Services Regulatory Division as Legal Researcher to the Regulator. Within months she was appointed Acting Director of Financial Services 'Development & Marketing for some time before being transferred to NIA Legal Department researching Commercial, Consumer and Financial Services Law and writing casework opinions.

Eldaria sees herself as a Seasoned Researcher, and decided to specialize in the area of Corporate Law, researching Methods of Combating Money Laundering and corporate crime. To achieve this, she read the LL.M (Master of Laws) program in International Corporate and Finance Law at Wolver Hampton University UK. On completion she worked with the UK Law Society – Regulating UK solicitors. Eldaria has sat on tribunals to resolve corporate law issues. She is a member of the London Chartered Institute of Arbitrators.

Eldaria says she encourages young people to be bold, respectful and strong while focusing on fulfilling their full potential in this life; bearing in mind that qualifications only put a person on the step, but attitude is the key to open doors.

Heavy Duty Jobs? ...Call For Heavy Duty Equipment!

B&B

CALL : 465-2125 After Hours: 662-2125
 Fax: 465-9334 • Email: b&bbackhoe@hotmail.com
 Over 30 yrs Experience

Backhoe & Trucking Service Competitive Rates • Reliable Service
 COMMERCIAL . RESIDENTIAL . INDUSTRIAL

Services

Cutting Roads • Foundations • Landscaping
 Land Cleaning & Cutting • Jack Hammering
 Crane • Trucking Services Demolition
 Delivery of Building Aggregate, Fill, etc...

Equipment:

Bulldozer • Excavators
 Bobcat •
 Dumptrucks • Loaders
 Backhoe • Roller
 Crane Truck • Mini
 Excavator



P.O. BOX 1047, CAMPS ISLAND MAIN ROAD, BASSETTERRE, ST. KITTS

ONE COCOA

**BACKHOE, JACK HAMMERING, TRUCKING,
 AND SEWAGE VACUUM SERVICES**

(Portable Toilets available for rental or loan)

HARDTIMES ESTATE, GINGERLAND, NEVIS

**Tel: (869) 469-2854/2251
 (869) 662 -8290**

WE PUMP WHA DE PEOPLE TALK!



continued from page 17

drama, university and craft workshops (in order to bring this empowering knowledge and training back to Nevis) . I already was able to help people with their physical wellbeing. Now I was equipped to help with the mental and emotional well being and I just couldn't wait to get back to Nevis to embark on another chapter of helping to create happiness, empowerment and fulfilment in people lives regardless of their circumstances, through workshops, seminars, short programmes and training.

It was while in England I discovered I had breast cancer.....

My faith in Jesus , studies in psychology , qualifying as an NLP master and my personality served me well in this new challenge that I was about to embark on..... it was time to practice what I preach and put my faith and knowledge to the test.

I didn't plan to have breast cancer, so it changed the direction of my plans. Ok so my plans for returning to Nevis to re-start my fitness programmes and introduce my new empowering NLP coaching and training had to take a back seat..... but Pink Lily was born and generated such a passion inside me that is indescribable.

I have had to prioritise, and Pink Lily cancer care is a much needed service which will help to reduce the cases of cancer in Nevis and the Caribbean and provide care and support like never before.

God works in mysterious ways..... It was while I was on a Pink Lily related trip to Anguilla that my dearest aunty Nita, introduced me to a young gent who she had unofficially adopted (she used to call him son and he in return called her mum). He was renting an apartment beneath Nita's brother's house. From the moment our eyes met an amazing magnetism was felt by both of us.....

One year later we married (I became Mrs. Cambridge) in an intimate ceremony on paradise beach in Nevis on my birthday. My beloved aunt was there to witness our joining together as husband and wife along with my son, sister, niece Lucia, Cindy, Pink Lily volunteers, close family and friends. My lovely Pastor Cecele Browne from the Gingerland Wesleyan Holiness Church performed the marriage ceremony.

As my parents could not make it to Nevis for the wedding we flew to England the next day to have a church blessing and reception with

CHILDREN OF THE SOIL

Carolyn Browne was born in St. Stevens Hospital in Chelsea, London and is the youngest child of a Jamaican mother and a Nevisian Father. Her mother, Hazel, was born in Arcadia District, Jamaica, but sadly passed away from Cancer earlier this year. Her father, Franz, was born in Charlestown and lives in Nevis. She has many brothers and sisters by father, but only one sister by her mother and father; Marjorie, who stills lives in East London and works for the Government. Carolyn spent her younger years in Battersea, South London, until her parents decided to move to East London. She attended Falcon Brook Primary School in Battersea and does not remember much about those early years.

She recalls that there were two playgrounds in the school; one on the ground level and one at the top of the school. Rumour has it that the school was haunted, although, she never actually saw a ghost. She later attended Garratt Green Secondary School which was an all girl's school. Truth be told, she wanted to go to Italia Conte which was a performing arts school but as her sister was already attending Garratt Green, her mother decided on her attending the same school as she did not want to make the long journey between two different schools on parents evening. Later on in life Carolyn took various acting classes in the evenings and weekends and consequently realised that maybe acting was not for her, adds Carolyn, "Your Mother is always right!!" When Carolyn was 14, a class mate asked her to accompany her to Tesco supermarket, because she wanted to enquire about Saturday jobs and she did not want to go by herself. After they interviewed the friend, they asked Carolyn if she wanted to apply for the job as well. She said OK and Carolyn got a job as a Saturday cashier. That was her first job. "I was so young, it did not seem like work, it was fun," says Carolyn.

She met people from all walks of life. On pay day, Carolyn received her first ever £50 note, which surprised her so much that she had to call the supervisor as she thought it was foreign currency. She only worked one day a week during term time so her school work did not suffer. She was very good at Maths and Art at school and took both subjects at 'O' level a year early. She also sat her 'A' level Art when she was 15 years old, two years before the requirement age.

It was not all work for Carolyn, she played Tennis for her school, attended many athletic meets, and also played the Clarinet for many years. She has two Clarinets, but admits that she has not played them for quite a while.

Carolyn graduated from City University, London in 1992 with an honours degree in Civil Engineering. It was, and still is, the perfect career for her because she likes being outdoors, number churning and designing.

She has worked for both the private and public sector in England. The projects that she worked on included, Bluewater Shopping Centre in Dartford, Kent; Stanstead Control Tower and Touchwood Court Retail Development whilst employed in the private sector. Worked for the local government she was engaged in the Highways Department and Drainage Department and Traffic and Road Safety.

Carolyn's first visit to Nevis was in the 80's. She came for a long weekend because she was visiting an Auntie in Antigua and decided to visit her Nevisian relatives. She fell in love with Nevis as soon as the plane landed. She recalls that the plane ride was a



Carolyn Browne

bit scary.

Carolyn adds, "It was my first experience on a plane, it was so small. I remember feeling the breeze on my legs. I actually started to say the Lords Prayer because I was so scared."

Thankfully, Carolyn survived the plane ride and decided that one day she would make Nevis her home.

After graduating from University, Carolyn started to visit Nevis on a regular basis. So regular that some of the locals thought she actually lived in Nevis. On one of her visits in December 2000, Carolyn was at a fireworks display held over at Long Point and made that split decision to 'Come Home'. She returned to the UK, worked out her notice and got the next available flight back to Nevis. She arrived back in Nevis six weeks later.

Carolyn's first 'Engineering' job in Nevis was as an Assistant Resident Engineering employed by the

Government but seconded to the Consultants, Mott MacDonald. The project was the Island Main Road from Charlestown to Market Shop, including culverts and headwalls. It was a great introduction to the Nevisian construction industry. She was able to meet several of the Contractors in Nevis because they were sub contracted for the project. Although she did leave Nevis briefly in 2005, she said, "It was for a good reason!" Grenada had just experienced its first hurricane in 50 years, hurricane Ivan. She was interested to see the damage, assist and bring the knowledge back to the Federation of St Kitts and Nevis. She also had the pleasure of experiencing hurricane Emily, her first hurricane, which was not as bad as Ivan. She remembers waking up in the middle of the night and hearing the rain and the wind. "When I got out of bed there was no electricity and there were a few inches of water on the floor. For some strange reason I went to bathroom and sat on the loo (with the lid down) she says she is not sure why she did that because she was on the ground floor, considered safer than upstairs because of the concrete roof. She called her mother and work colleagues to discuss the terrible hurricane and was surprised to discover that the worse was over, as she had slept through it.

That hurricane was 8 ½ years ago and now Carolyn has her own Civil and Structural Engineering Company, 'C S Consulting Engineers', which she founded in 2006. She presently has two offices, one in St. Kitts and the other in Nevis.

Her company designs reinforced concrete structures, steel and wooden structures and roads; inspects construction projects to ensure the quality of materials and working procedures on site; project management, appraisals, valuations and gives development advice.

Carolyn believes that women are capable of carrying out manual hard labour and if they have a dream of working in the construction or engineering field, go for it!

Adventure Nevis the fun way!

Drive your own off-road Ranger 4x4!

- 3-hour Group and Private Guided Tours
- Rent and Explore Nevis On Your Own
- Free Pick-up and Drop-off Available
Anywhere On Nevis
- Ask about our full day St. Kitts tours

**FUNKY
MONKEY
TOURS**



869.665.6045 • Nelson Springs, Nevis • www.FunkyMonkeyTours.com
Polaris Factory Authorized Down Island Rentals... Sales and Service



**GREAT FOOD.
GREAT STAFF.
GREAT BEACH.
SPECTACULAR OCEAN VIEW.**



NELSON SPRINGS, NEVIS
CONVENIENTLY LOCATED BEACH FRONT AT
NELSON SPRINGS BEACH & SPA CONDOS
INFO@YACHTSMANGRILL.COM

RESERVATIONS: 665-6045/6245



In St. Kitts & Nevis
DELISLE WALWYN & KANTOURS
 offer **superior** service
 in port arrangements
 and shoreside experiences

- Sailing and Underwater Adventures
- Historical Tours
- Mountain-Biking
- Rain Forest Hikes
- Horse Back Riding
- Plantation Safaris
- And much more...

**DELISLE
 WALWYN** 
& CO.LTD.

"People You Can Trust"

Port Services

Tel: (869) 465-2631 or (869) 465-5686

Fax: (869) 465-1125

Email: portsvcs@delislewalwn.com

Kantours:

Tel (869) 469-0766

Fax: (869) 469-0483

Tour Operators (Kantours)

Tel: (869) 465-3054

Fax: (869) 465-4325

Email: tours@kantours.com

Kantours:

Tel (869) 469-5303

Fax: (869) 469-0136



NEVIS CO-OPERATIVE CREDIT UNION LIMITED

P.O. BOX 452, CHAPEL STREET, CHARLESTOWN, NEVIS, W.I.

TEL: 869-469-5634 FAX: 869-469-1956/7720

EMAIL: INFO@NEVISCREDITUNION.COM*WEBSITE: WWW.NEVISCREDITUNION.COM

WE OFFER



*Investment
 Opportunities*



*Social
 Programmes*



*Savings
 Options*



Loan Products



ATM & Online Banking Services

It is Always Wise to Credit Unionise and Enjoy the Difference...

Gilon Trucking Service

**WE PROVIDE TRUCKING SERVICE FOR
ANYTHING ANYWHERE AT ANYTIME**



Truck #: PA2982

Gregory Elliott
Manager
Zion, Gingerland, Nevis
Phone: 469-3298
Cell: 668-2244/765-4471
Fax: 469-2862
E-mail: blackras2982@hotmail.com

to be used, or's Clinic, where you ves and pre- Our office nd material h runs very adding to sts, comes id transpor- nput duties. consump- ween \$900 onth. st part we our clients, v and then i extremely ho we have ut then we ny satisfied kes us past ie.

: We would nificant re- n possible a es on mate- ient used to Services for

passed on to the local cli- ents while overseas clients can be levied a government

(vi) Res Services for prefer not to

CARIBBEAN SMILE
Dental Services

- DENTAL LAB & CLINIC SERVICE
- DENTURES • CROWNS
- GOLD ACCENTS • FILLINGS
- FLEXIBLE DENTURES
- EXTRACTIONS & PREVENTATIVE

Services to Smile About
Key Building Complex, Cedar Trees, Charles
Tel: (869) 469-0809

Elfreda Cornelius Business Complex
MEN AT WORK
Auto Body Clinic
Laundry, Car Wash & Auto Parts
Cell: 663-9694 Fax: 469-8517
Tel: 469-9534

Fountain Village, St. James Parish, Nevis



Tel: (869) 469
Fax: (869) 469
Email: menatwork9534@yahoo.com



ISLAND LIFE

Bar & Restaurant
Situated on the beach
Formerly (Marine's Pub)
Cades Bay
Nevis



*Entertainment
*Youth Sports Facilities
*For Hire

Open until late...

Contact: Conrad "Niah" Liburd
Tel: (869) 764 7899
Email: niah204@yahoo.co.uk

30+ Years Experience

Industrial • Commercial • Residential

Call: 469-3861
Cell: 662-9979
E: rerestine40@hotmail.com

MOBILE REFRIGERATION & AIR CONDITIONING SERVICES

Top Quality Professional Service with competitive prices

Free Estimates | No job too BIG or SMALL

Air Conditioning & Contractor Sales, Service & Repair

- ↳ All makes & models
- ↳ Sale of parts

Refrigeration

- ↳ Sale of parts
- ↳ Service & Repair

Visit SAVVY SHOPPERS for great saving & merchandise

Orville Manner Bldg. Stoney Grove



BEAP ENTERPRIZE BENZ EXPRESS AUTO PARTS

Rawlins Road • Gingerland • Nevis
Tel: (869) 469 4904 • Fax: (869) 469 2315
Email: benzxpressparts@hotmail.com



You Name It... We Get It!!
All Vehicles, Heavy equipment, SUV, Performance etc

WELCOME TO



Tel: (869) 469-5505

Nevis Craft Shop

• Baskets • Mats • Furniture • Leather Sandals • Picture Framing
 Pinney's Industrial Site, Charlestown, Nevis
 Tel/Fax: (869) 469 5505 Email: info@sedunevis.com



Zero Resistance Deals

NEVIS REALTY, Ltd.



Tel: (869) 662 9777

Fax: (869) 469 1921

**evan.nevisrealty@sisterisles.kn
nevisrealty.com**

P.O. Box 657, Charlestown, Nevis

GHW Architects Inc.

Architecture • Planning • Interior Design
Estimates • Appraisals
Project Management & Consultancy

Tel: (869) 466-3797

Fax: (869) 466-3792

Cell: (869) 662-3571 / 668-3673

Email: ghwarchitects@gmail.com

Suite B8 Sands Complex
Bay Road, P.O. Box 1141
Basseterre, St. Kitts.

Member of St. Kitts and Nevis
Institute of Architects.



the traffic



the sunsets



the beaches



the visitors



Everything on Nevis is a little bit special ...
... so is the real estate.

SUGAR MILL



REAL ESTATE



Seaside at Cliffdwellers

869.469.1093

869.662.7673

nevishouses@gmail.com

www.nevishouses.com

Price Busters



**CD-R/DVD-R, ELECTRONICS
GARMENTS/UNDER GARMENTS
SHOES FOR ALL AGES
COSMETICS, PERFUMES
WATCHES, FASHION JEWELLERY
HAIR ACESSORIES
STATIONARY**



**CURTAINS, KITCHENWARE AND A
WIDE RANGE OF HOUSE HOLD
ITEMS FOR DAY TO DAY USE
PLUS LOTS MORE...**



EMAIL:

karibhanatradingltd@yahoo.co.in





Nevis Spring Water



A Product of R & L Hobson Corp. Ltd, Charlestown, Nevis, W. I.

Tel/Fax: 869-469-5911

1.5 Litre (50.7 Fl. oz.)
(1 Qt. 1 Pint 1.8 Fl. oz.)



CHILDREN OF THE SOIL

I was born in Birmingham, England, my mother was from Gingerland in Nevis and my dad from Sandy Ponit in St Kitts, I started school at Clifton Road infant school, and after passing my 11plus exam went on to Moseley Grammar school in Birmingham. Unfortunately, due to my terrible behaviour outside of school, that brought me to the attention of the local police far too often, my dad relocated the whole family to a town called Redditch. Looking back on this moment I realise that my education suffered greatly as the school I went to in Redditch was not even close to the standard of my grammar school. Since the age of 4 years old I was a serious asthmatic, but I always found a release through movement and sports, I loved to dance. My abundance of energy stood me in good stead once I focused my sights on more positive exploits, as a child I had an obsessive interest in music and dancing and at 12 years of age I won my first dancing competition, this was to be the first of many. My interest in music led to me teaming up with another school friend (whose dad had a car!) and at age 16 I became a deejay, with a mobile road show, we played at youth clubs and wedding receptions before getting two weekly regular disco nights. When I was 18 I managed to combine my two interests and formed a dance group with my friends and younger brother Roy. I choreographed most of the routines and eventually we were able to offer our services alongside the music at some of the wedding gigs. Unlike me, the troupe did not quite see the possibilities for an all male dance group at this time, and their enthusiasm waned, it had been fun though.

I was very busy at 18, I had moved out of the families house and got an apartment, I was working for a manufacturing company as a clerk at this time, I had also quit Karate and switched to boxing as I really wanted to fight, one of my childhood heroes was of course Muhammad Ali.

I worked mostly in clerical positions which allowed my orderly Virgo personality through; from the age of 18 to 21, I combined work, DJ'ing, Dancing, a budding amateur boxing career and the discovery of the joys of theatre. This fun intrusion into my life turned out to be one of the most profound discoveries for personal growth, but I did not know at this time, it did however confirm my interest in performing. In my 21st year of existence, a lot of personal problems contributed to my discovery of the joys of travelling, I guess I was just fed up with what was happening in my life at this time so I decided it was time to travel, and booked my first ever flight....to Israel. My best friend had been stationed in the army there and his description had peaked my interest, I planned everything right up to the moment I got on the plane, after this I was 'winging it'. I ended up spending over six months working and living on a kibbutz, I became ¾ fluent in Hebrew, despite the fact that I had planned to do a correspondence course to learn French while I was there??? Languages and cultures became another interest of mine, 'this was the start of my wander lust,'.

On my arrival back to England, a friend 'hooked me up' and I got a job selling photocopiers and was driving around in a brand new car, but had no money to put the petrol in, I then bought cars for a leasing company and was introduced to the sport that would change my life irreversibly ' Windsurfing'.



Winston Crooke

Although I was not a competent swimmer a friend persuaded me to try this relatively new sport on a flooded quarry pit outside Cheltenham, it was amazing, and I was hooked from that moment, from that day on my life revolved around how much wind there was, or wasn't, it helped me overcome my fear of the ocean and further encouraged me to travel all over the world, with my board under my arm. I windsurfed everywhere and at any time that I could, travelling to some of the most beautiful parts of England, Scotland and Wales, trips that really opened my eyes to the hidden gems that make up the UK, and of course met wonderful people who remain friends to this day..

The lure of the theatre was really what prompted my return to England, I wanted to find out more about this world I had touched on earlier in my life, so whilst

working in Birmingham, I went to drama school in the evenings to find out if I had any skills at all. It was a wonderful, crazy, and inspiring time, as I joined a group of young people whose sole purpose of existence was to obtain the actors Golden Chalice, an 'Equity card' whilst studying in Birmingham I applied for a job with a children's theatre company in London. It was not easy or quick, but I did it, they offered me a job and I became a professional actor at age 24.

I moved to London and spent the next eleven years honing my meagre talents, mostly in the theatre which I loved, but I also ventured into the world of TV and film, I was on a role, I worked on the top British soap opera "Eastenders" (a hard hitting drama series focusing on real life in the east side of London. Landing a part in this soap makes you an instant star-let) playing Beresford the first real villain to enter the lives of the Albert Square occupants. Other popular television dramas I appeared in were "Widows" in which I played Harvey Rintle a karate kicking thug, London's Burning, Soldier, Soldier, and Kinsey. The list in television parts was extensive for me.

Although my extensive TV work paid the bills my passion and true love remained the Theatre, "there is this intangible something that happens in front of a live audience that cannot be reproduced in studio conditions" even at this stage in my it remains the one place I truly feel most at home, It is the one place where I actually feel that I fit, and totally understand the dynamic. My best adventure in the theatre was to tour eleven different countries in Africa, playing 'Banquo' in Shakespeare's "Macbeth", " it is one of my most treasured memories", The tour enabled me to travel to one of the most beautiful continents on the planet, and gave me an opportunity to do a little trace for my ancestral roots.

I had a very measured and quite calculated work ethic as I tried to build a solid career in the business, it did pay off as a t one time I was considered 1 of the top 10 black actors in the country, and was up against superstar actor Denzel Washington for at least four films one of which was "Cry Freedom" the film that launched Denzel's career. His very last film interview was to play opposite Keenan Ivory Wayans, who was also directing this cop buddy style movie, some of you will be familiar with him from many movies one being "A Low Down Dirty Shame" and the comedy series "In living Color".

Like all good things, it had to come to an end, and I had become disillusioned with the industry at this time, and needed to get away, I decided to leave at the top of my game and come to Nevis to raise my daughter Naomi. I originally came to Nevis with my mother and fell in love with the place, it was an easy decision to relocate and start a business in the sports tourism field, Nevis was to be my life from then on. In order to keep my hand in the film industry I kept in touch with my London based contacts and operated as a part time location scout for film and video productions here on Nevis, and was production manager for two music videos for "Mishka" and one for the spice girl type band "Precious". He was also involved with the "Time Team" production, a BBC production on Slavery plus a number of photo shoots for fashion companies, and was responsible for the windsurf sail manufacturer "Tushingham" shooting their brochure here three years running.

One of the most important but little known aspects of my life has been my lifelong struggle with Asthma, a sometime chronic condition that has debilitated me on occasions; I have used sports and health as a way of combating this condition. I worked with a doctor in England as a spokesperson, to encourage young asthma patients to develop an active lifestyle that would help strengthen their bodies and lungs as a prophylactic against attacks. In fact, as a youngster the only time I was guaranteed to be free of attacks was during activities".

This led to the creation of my Windsurfing & Mountain bike business, my tag line is "The natural Powered Sports Company" and I hold firm to this, as I am not good with engines and mechanical stuff, it also offers me the opportunity to interact with like minded people from all over the world. In 1997 I was one of the founding members of The Nevis Cycle Club and introduced competitive Mountain bike Racing and Triathlon to Nevis. It seemed I had found a new love, Windsurfing had enabled me to

move to Nevis but biking was taking over, as I spent more and more of my time discovering and engaging in all aspects of the sport. I started to offer bike tours and rentals and finally opened a bike shop in St Kitts initially; unfortunately it proved a logistical nightmare at this time, so I relocated back to Nevis, where I had a shop right in the centre of town. This tiny shop was the focal point of many of the clubs earliest road races, with riders coming across from SK to join the fun, it really was a great time, as people young and old, male and female, joined in and discovered the pleasure of racing.

Triathlon came into my life in 2000 as I encouraged our club cyclists to join in as relay team members during the St Kitts triathlon mini series, eventually we all decided to try it as individuals and that was it! I was hooked as well as a lot of the other members; we added triathlon to our repertoire and became Team Nevis Cycle & Triathlon Club. The last 10 years of my life has pretty much been dominated by cycling, as my interest in racing windsurfers dwindled, I transferred my energies into developing this new and very exciting discipline called Triathlon, I got to travel to many of the Caribbean islands to compete and became part of the larger movement to make the sport more mainstream and visible.

It has always been my philosophy that if you are going to do something, do it to the very best of your abilities, I have tried always to do what I do to the best of my abilities and encourage the young people I am involved with to do the same, it has not always been a smooth road, and I have made many mistakes. But I hope I have learned and moved forward in a positive way, I love what I do, I am fascinated in what the human body is capable of when used properly, and I want to contribute something to the society I live in. If I have done those things, it is good, if not, well I will keep on trying.



WHOLE WORLD
CYCLE SHOP
 A Natural Powered Sports Company

SALES. SERVICE. TOURS. RENTALS

Oualie Beach, Nevis
 Tel: (869) 469-9682
 Email: windsurf@sisterisles.kn

NEVIS TRIATHLON

MARCH 21st 2010



5km Fun Run



OLYMPIC DISTANCE, SPRINT & TRY-A-TRI
INDIVIDUAL & RELAY, AGE GROUP CATEGORIES

COME TRI THE CARIBBEAN

Contact By E-mail : windsurf@sisterisles.kn

Tel: (869) 469 9682 www.neviscycleclub.com



"Still Done It!"
r of Chapter 1 Bookstore, Alford Tyrell.

young men a

continua

nance on read-
ie reviews a
sts it as good
mers would
uest that par-

okstore gets
m all walks
ls sad when
y that locals
s is not at all
ad! Like any
I presume,
to see more
g through the
business but
base has
lously since
erate. Over
o provide the
that creates
e have been
ccessful so

**Chapter
Bookstore**

Nevis' leader on books



Secondary and Primary Textbooks
Best Selling Paperback
Magazines
Local and Caribbean Writers
Greeting Cards
Stationery Supplies

Cotton Ginnery Mall
Box 724
Charlestown
Phone: (869) 469-0607

AVALON Medical Laboratory

9 Years of Excellent Service

Services Include:
General Health Profile
PSA (Prostate)
Pregnancy • Cholesterol Testing
Diabetes Testing • DNA etc...

For private and confidential services

Tel/Fax: 869-466-5558 (St. Kitts)
Tel: 869-469-7520 (Nevis)

Opening Hours:
7:30am - 4:00pm Monday - Friday
8:00am-12pm Saturday
Closed Sunday
Email: avalonlab@gmail.com

Info Channel 8

Almon Dasent

PRINCIPAL / MARKETING EXECUTIVE

InfoChannel

William Dasent Business Center

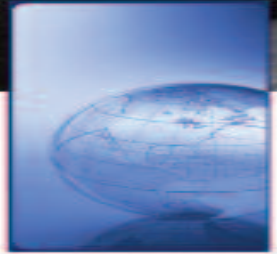
Main Street, P.O. Box 527

Charlestown, Nevis, West Indies.

Mobile: 869-663-6920



Email: infochannel@caribcable.com



British Caribbean Enterprises

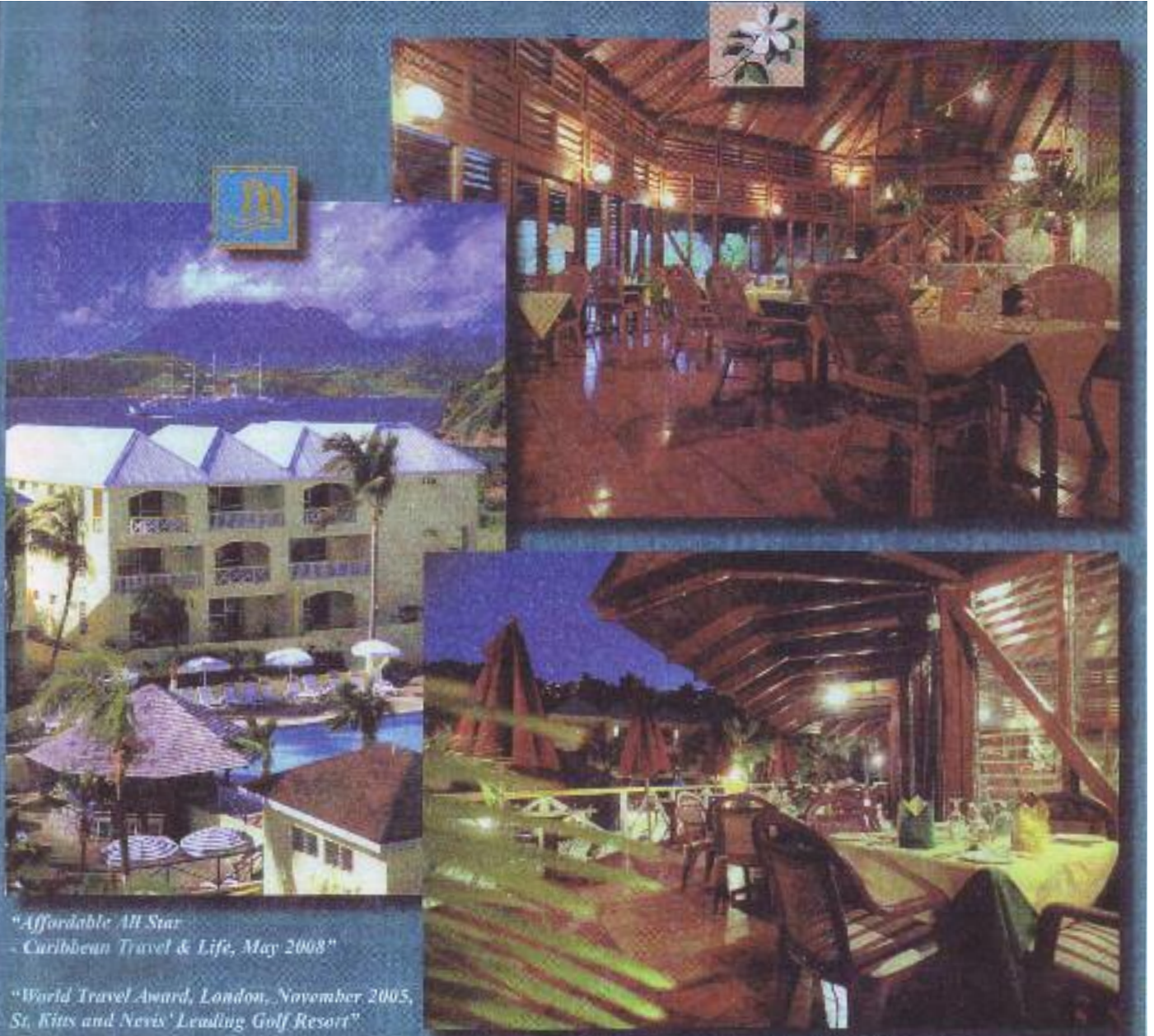
Advancing, All Challenges and Successes

Building a sustainable future for the Caribbean through a new wave of entrepreneurship and innovation



Christopher N. Johnson

Frigate Bay Resort and Jasmines Elegant Dining



*"Affordable All Star
- Caribbean Travel & Life, May 2008"*

*"World Travel Award, London, November 2005,
St. Kitts and Nevis' Leading Golf Resort"*

"Delighted To Offer You The Best Of St. Kitts"

Just above the shimmering Caribbean waters and a 3 minute walk from the island's finest Caribbean beach, hospitality and comfort reign supreme at this intimate beach resort with deluxe rooms & suites, olympic pool, swimup pool bar and elegantly casual dining at Jasmines. Enjoy a delightful snack menu by day at our poolside bar and later surround yourself with the romantic tropical ambiance of Jasmines while enjoying seafood, West Indian and international cuisine created especially for you by Chef Gary.

869-465-8935 • Fax: 869-465-7050 • Toll Free: 800-266-2185
E-mail: info@frigatebay.com Web Address: www.frigatebay.com

B.C. AUDAIN AND ASSOCIATES LTD.



Tel:
(869) 465-6695
Fax:
(869) 466-6536 (Office)
(869) 466 4553 (Home)



BRK

BROOKES HAULAGE

& QUICK DELIVERY
469-2744

PROUDLY SERVING NEVIS SINCE 1985

We specialise in the following:



Contact us at:

River Path, Gingerland, Nevis

Tel: (869) 469 2744

Fax: (869) 469 2374

Cell:(869) 662 8765

Email:brkshaulage@sisterisles.kn